

# Stowe Parks & Recreation



## 2024 Spring & Summer Program Guide



Promoting Healthy Living and Community Vitality Through Public Recreation

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*Proud Member of:*



[www.stowerec.org](http://www.stowerec.org)

(802)253-6138

[recreation@stowevt.gov](mailto:recreation@stowevt.gov)

# GENERAL INFORMATION

## RECREATION COMMISSION MEMBERS

**Forrest Shinners**, Chair  
**Lynn Altadonna**, Vice Chair  
**Brett Loomis, Dave Rogers, Ryan Thibault**  
**Jared Anello, Lyn Goldsmith,**  
**Julian Roscioli Barren**

The Recreation Commission meets on the first Wednesday of each month in the community room of the Stowe Arena at 5:00 pm. These meetings are open to the public and input is always welcome.

## STOWE PARKS & RECREATION

**Office Location:** 336 Park St. Stowe, VT 05672

**Mailing Address:** PO Box 730 Stowe, VT 05672

**Office Hours:** Monday-Friday  
8:00 am – 4:30 pm

**Rec Center Office:** (802)253-6138

**Fax:** (802)253-3723

**Arena:** (802)253-3054

**Email:** recreation@stowevt.gov

**Website:** www.stowerec.org

**Matthew Frazee**, Parks & Recreation Director  
mfrazee@stowevt.gov, 802-253-2264

**Kelli Millick**, Program Director  
kmillick@stowevt.gov

**David Danforth**, Parks Superintendent  
ddanforth@stowevt.gov, 802-253-6148

**Tony Whitaker**, Arena Superintendent  
twhitaker@stowevt.gov, 802-253-3054

## OUR MISSION

Promoting healthy living and community vitality through public recreation.

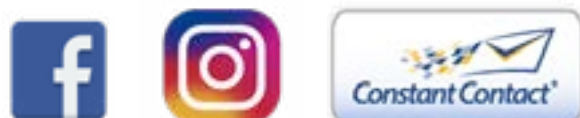
## SCHOLARSHIP ASSISTANCE

Scholarships are awarded to Stowe residents on a first-come, first-serve basis in accordance with program availability, participant eligibility and available funds. Applications must be submitted at least two weeks prior to the start of the program.

To apply, call (802)253-6138 or email recreation@stowevt.gov

For payment plan opportunities please contact our office.

## CONNECT WITH US



## WHAT YOU NEED TO KNOW

- **REGISTER EARLY!** Nothing stops a program quicker than low enrollment. Don't risk having your favorite programs filled or cancelled.
- **Registration for all programs is now open.**
- **Payment is to be submitted, in full, at the time of registration.**
- Contact the recreation office if you or your child have a disability and require accommodations prior to the start of the program.
- Programs are subject to Resident & Non-Resident (NR) fees. Residents are those whose primary home is located in the Town of Stowe.
- Please be aware program information and fees are subject to change.

## LATE PICK UP PROCEDURE

The affordability of our programs greatly depends on the promptness of the parent pickup. Please pay close attention to the end time and pick up location of your child's program.

*Late Fees:*  
 5-10 minutes late - \$5  
 11-20 minutes late - \$10  
 21+ minutes late - \$20

Fees will be invoiced at time of pick-up or within 24 hours and must be paid prior to future involvement or enrollment in programs. Exceptions may be made if staff is contacted in advance for extenuating circumstances on a case by case basis.

## REFUND POLICY

Registrants can receive a full refund if they notify the Parks & Recreation Department prior to the start of class. If a participant is dissatisfied with a program and the registrant provides a written refund request explaining the reason for their dissatisfaction prior to the start of the second class, registrants can receive a full refund. In the event of medical reasoning registrants can receive a prorated refund if they notify the Parks & Recreation Department in writing and provide a written note from a medical provider verifying an extended illness. No refunds will be provided in part or whole for trips, special events, ticketed events, or passes. Refunds will be issued for programs cancelled by the Stowe Parks & Recreation Department.

An administration fee of \$10.00 will be charged for all processed refunds and all refunds will be prorated with the exception of programs cancelled by the Parks & Recreation Department.

## 3 EASY WAYS TO REGISTER



### ONLINE:

Stowerec.org

Follow the links to our online registration system.



### MAIL-IN:

PO Box 730 Stowe, VT 05672

Mail in registration must be submitted with a registration form and payment.



### IN PERSON:

336 Park St. Stowe, VT 05672

### We accept-

Cash, Check, and Credit Cards

Checks payable to Town of Stowe



# REGISTRATION FORM

Participant/Applicant \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_  M  F Grade \_\_\_\_\_

Parent(s) Name(s) \_\_\_\_\_

Mailing Address: PO Box/Street \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Residence: Street & Number \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile Carrier: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Phone # \_\_\_\_\_

List all allergies or physical difficulties that the staff should be aware of: \_\_\_\_\_

**Waiver Agreement:** I am fully aware that there are risks of physical injury in participating in sports and recreational activities and hereby give my consent for the named applicant to participate in the program(s) offered by Stowe Parks and Recreation. I hereby knowingly and fully release and hold harmless the Town of Stowe, its employees, elected officials, any volunteers, instructors or sub-contractors from any and all liability from injury claims, costs, loss of services, damages or loss of personal property in the said programs, activities or events. I certify that my child/participant is in excellent health and that there are no limitations to his/her participation except as stated in writing above. Furthermore, in the event of an emergency, accident, injury, or illness and if reasonable effort to contact me has failed, I hereby give the designated emergency contact permission to act as my child(ren)s temporary guardian. In the event of an accident, injury, or illness and if reasonable effort to contact me has failed, I hereby give attending physicians or authorized medical personnel consent and permission to provide my child/participant with any necessary medical treatment, including x-rays and medication.

\_\_\_\_\_  
 Parent or Legal Guardian Signature/Date

### Photo Permission:

From time to time photographs will be taken to be used in our publications. Do you give the Stowe Parks and Recreation Department permission to use yours and/or your child's photograph?  YES  NO

### Additional Information (Required for most children's programs):

What is your child's T-shirt Size: \_\_\_\_\_ (ys/ym/yl/as/am/al/axl/axxl)

What is your child's swim level? \_\_\_ Non-swimmer \_\_\_ Beginner \_\_\_ Intermediate \_\_\_ Advanced

Swim Level Skills:

Non-swimmer-Unable to swim, float, or be past knee level water

Beginner- Shows comfort in the water and able to play in water that is between waist & chest depth.

Intermediate- Can swim with comfort in water that is over his/her head, float and tread water for at least 1 minute

Advanced- Can swim in water over his/her head, float and tread water for up to 5 minutes

Do you give the Stowe Parks and Recreation staff/employees permission to apply sunscreen and/or insect repellent to your child?  YES  NO

Are we allowed to administer over-the-counter medications, such as children's Advil or Benadryl, if needed?  YES  NO

Please provide a list of individuals who are authorized to pick up your child: \_\_\_\_\_

## Please fill in the program(s) the Participant is registering for:

Program Name	Session Date and Time	Fee
Scholarship Donation (of at least \$1.00)		
<b>PLEASE MAKE CHECKS PAYABLE TO TOWN OF STOWE, AND MAIL TO:</b> Stowe Parks and Recreation Department P.O. Box 730 Stowe, VT 05672		<b>Total:</b>

## ICE & TURF RENTALS

PRIME ICE:	\$225 per hour 8a-9p (Sept-Mar) & 8a-8p (May- Aug)
NON-PRIME ICE:	\$170 per hour 5a-8a/ 9p-12a (Sept-Mar) & 5a-8a/ 8p-12a (May-Aug)
PRIME TURF:	\$160 per hour Mon-Fri 3p-9p & Sat-Sun 8a-9p
NON-PRIME TURF:	\$150 per hour Mon-Fri 5a-3p/9p-12a & Sat-Sun 5a-8a/9p-12a

## PUBLIC SKATE -or- PUBLIC TURF

## STICK TIME

DAILY:	\$5 per person \$3 senior (65+)	DAILY:	\$8 per person \$5 senior (65+)
PUNCH PASS:	\$40 per 10 visits	PUNCH PASS:	\$60 per 10 visits
SR (65+) PUNCH PASS:	\$25 per 10 visits	SR (65+) PUNCH PASS:	\$45 per 10 visits

## OTHER FEES

SKATE RENTALS:	\$5 per pair
HELMET RENTALS:	\$2 each
SKATE SHARPENING:	\$5 each
SHARPENING PUNCH PASS:	\$40 per 10 visits
COMMUNITY ROOM:	\$25 per hour -or- \$75 per visit

## ADVERTISING OPPORTUNITIES

	Monthly	One Year	Three Years
Dasher boards	\$55 per month	\$650 per year	\$1700 per 3 years
Dasher boards, Mirrored or Double the Size	\$85 per month	\$1000 per year	\$2500 per 3 years
Banners	\$45 per month	\$500 per year	\$1300 per 3 years

## BIG THANK YOU TO OUR ARENA SUPPORTERS



**WATCH LIVE & ON DEMAND**

Share Highlights. Save Games.

**SIGN UP & SAVE 10%**  
PROMO CODE: d75b-83m2

## Tots on the Turf | Ages 5 & under + parent/guardian

Tumble, jump, move and groove on the turf at the Stowe Arena. Features include pop up forts, a ball pit, small trampoline, small bounce house, and more! Come play with us! A parent/guardian is required to supervise their child during this time.

**Dates:** March 27- May 1

**Days:** Wed

**Times:** 10:00am - 11:00am

**Fees:** \$5/child

## Youth Skating Lessons

**Instructor:** USA Learn to Skate Certified Instructors

Basic Skills teaches the FUNDamentals of ice skating and provides the best foundation for figure skating, hockey, and speed skating. Six progressive levels introduce forward and backward skating, stops, edges, crossovers, and turns. Upon completion of the Basic Skills 1-6 levels, skaters will be able to confidently advance to more specialized areas of skating. All classes will be well-structured with the focus on safe, proper skill development taught in a positive, FUN, and social environment. Skaters will progress at their own rate and advance after skill mastery is demonstrated.

Helmets or thick hats and mittens/gloves are recommended. Skate rentals are included if your skater does not have their own.

Instructors may determine that your child should be at another skill level and may switch kids as necessary so they benefit the most from the program.

Descriptions for each Basic Skills level is available at registration

**Basic Skills Levels 1 & 2 | Ages 5-14 years old**

**Basic Skills Levels 3 & 4 | Ages 6-14 years old**

**Dates:** July 7- August 11

**Days:** Sun

**Times:** 2:30pm - 3:15pm

**Fees:** \$110 Res / \$120 NR

**Basic Skills Level 5 | Ages 6-17 years old**

**Basic Skills Level 6 | Ages 6-17 years old**

**Dates:** July 7- August 11

**Days:** Sun

**Times:** 3:15 - 4:00pm

**Fees:** \$110 Res / \$120 NR



*Registration Deadline: June 30th*

## Adult Skating Lessons | Ages 18+ years old

**Instructor:** USA Learn to Skate Certified Instructors

Our Adult Skating program has really grown, and we'd love to invite you to join us! Students have a 30 minute lesson followed by a 20 minute open skate to practice their newly learned skills.

This class will teach the basic skills for the adult skater, including those who are new to the ice and those who want to develop confidence while improving the skills they already have. Skaters may wear figure, hockey, or recreational skates, and the skating style will be determined by the participants. Skaters are encouraged to work at their own pace in a welcoming and positive environment.

Helmets or thick hats and mittens/gloves are strongly recommended. Skate rentals are included if you do not have your own.

**Dates:** July 7- August 11

**Days:** Sun

**Times:** 4:00pm - 4:45pm

**Fees:** \$110 Res / \$120 NR

*Registration Deadline: June 30th*

## SYH Learn to Skate | Ages 4-9 years old

Taught by Stowe Youth Hockey coaches, this program is a community tradition. Learn to Skate offers beginner skating lessons to skaters of all abilities. Equipment requirements include skates (complimentary rentals during program) and helmet (bring your own or borrow from Stowe Arena). Most kids wear snow pants and gloves because it can get chilly on the ice! Parents can watch from the heated lobby area.

**Dates:** June 26- July 31

**Days:** Wed

**Times:** 5:30-6:15- June 26, July 10, 31 | 4:45-5:30pm- July 3, 17, 24

**Fees:** \$60

*Registration Deadline: June 21st*

# YOUTH PROGRAMS

## Open Gym- Basketball | Grades 3-6

Thanks to our dedicated volunteers we are extending the Youth Open Gyms on Saturdays! This program is drop-in and there is no cost. [Use this Google Calendar to see open gym times.](#) \*Open Gyms may be subject to change due to volunteer availability. Check the calendar link beforehand.

**Dates:** March 9- April 20 (No program 3/30)  
**Days:** Sat  
**Times:** 3:00pm - 4:00pm  
**Where:** SES Gym  
**Fees:** Free Drop In

## Spring Vacation Camp | Grades K-5th

Fill your child's vacation camp with two fun programs! Sign up for a morning of The Curious Place & Shakespeare with Spruce Peak Performing Arts Center and then pop over to the Rec Center for our traditional day-camp afternoon program!

Daily schedule:

9am-12pm The Curious Place & Shakespeare @ Spruce Peak Performing Arts Center

12-12:30pm Lunch at Spruce Peak, then bus to Rec

12:30pm-4pm Rec Afternoon Camp @ The David Gale Recreation Center

A full activity schedule will be emailed to participants the week before the program. Campers will need to pack a lunch and a healthy snack.

\*Register for Curious Place directly with Spruce Peak here: <https://www.sprucepeakarts.org/events/curious-place-theater-april-vacation-camp/>

**Dates:** April 22-26  
**Days:** Mon-Fri  
**Times:** 12:30pm-4:00pm  
**Where:** David Gale Recreation Center  
**Fees:** Full Week- \$110 Res/ \$120 NR  
Daily- \$30 Res/ \$35 NR

## Coffee & Canvas Family Painting | All ages

**Instructor:** The Current

Create your own masterpiece in the style of acclaimed naturalist and wildlife artist Charley Harper! This all ages painting class is a perfect opportunity to connect with loved ones through art and embrace the winter wildlife of Vermont. All materials included, light refreshments provided.

**Dates:** March 23  
**Days:** Sat  
**Times:** 10:00am - 12:00pm  
**Where:** The Current  
**Fees:** \$40 Res/ \$45 NR for first participant, \$10 for second participant

**Registration Deadline:** March 19th

## Fit Families | All ages

**Instructor:** Michelle Rousseau, PT, DPT, CLT

Join Instructor Michelle Rousseau, PT, DPT, CLT for this workout class geared towards caregivers (moms, dads, grandparents, nannies) of babies and young children looking to prioritize their fitness. In this class, caregivers can bring their young children and exercises will be taught incorporating the children to make the class fun and interactive. This class is also open to adults who wish to come alone (especially if you love to hang out with babies and young children).

Toddler toys / pop up tents will be available to entertain the children as well. The class will utilize resistance bands, weights and other equipment. The goal is to provide a combination of HIIT, strength and stretching exercises in a group setting without having to find a babysitter and providing a social connection between local caregivers of young children. The exercises will be adaptable to all levels so this class is appropriate for beginners to more experienced participants.

**Dates:** April 1

# YOUTH LEAGUES

## En Fuego Basketball

### Spring Afterschool Basketball Academy | Grades 3-5 Girls

The academy is a fun, high energy and engaging program for girls in grades 3-5. The program teaches skills and fundamentals while emphasizing teamwork, sportsmanship, and effort! Participants must have indoor shoes.

**Dates:** May 7- June 4  
**Days:** Tue  
**Times:** 3:15pm - 4:30pm  
**Where:** SES Gym  
**Fees:** \$70 Res/ \$80 NR  
**Registration Deadline:** April 30th

### Summer Shooting Camp | Grades 3-6 Co-Ed

These sessions are for players who want to compete on their respective school, AAU and/or club teams. Emphasis on shooting, ball handling and individual skill work will be the focus during these high energy, fast moving sessions. These sessions are co-ed but there will be opportunities to separate into smaller groups based on age and skill level.

**Dates:** June 17-21  
**Days:** Mon-Fri  
**Times:** 12:00pm - 4:00pm  
**Where:** SES Gym/Outdoor court  
**Fees:** \$200 Res/ \$210 NR  
**Registration Deadline:** June 12th

## NHL Street | Ages 6-12 years old

Discover Hockey off the ice! NHL STREET provides an affordable, neighborhood-based model that gives kids everywhere an opportunity to learn and play hockey. Kids of all skill levels can enjoy the fun and excitement of NHL STREET, no matter their previous experience in hockey. Each team will practice for 30 minutes and then face off for a 30 minute game.

**U8-** Ages 6-8  
**U10-** Ages 9-10  
**U12-** Ages 11-12

**Dates:** July 11- August 15  
**Days:** Thur  
**Times:** U8- 4:30pm - 5:30pm  
U10- 5:00pm - 6:00pm  
U12- 5:30pm - 6:30pm  
**Where:** David Gale Recreation Center  
**Fees:** \$75 Res/ \$85 NR  
**Registration Deadline:** June 27th



## Stowe Area Flag Football League | Grades K-10

Boys and girls are welcome to join the fun as SAFFL teaches participants the basic rules, strategies and skills to enjoy the game. Participants will be playing in a challenging, non-competitive environment, we keep players focused on the fundamentals of the game, maintaining good sportsmanship and, most importantly, having FUN! Team schedules will be released after the first practice.

**D1-** Grades K-2  
**D2-** Grades 3-5  
**D3-** Grades 6-8  
**D4-** Grades 9-10 **\*Seeking adult Referees to make this program happen! Reach out to Kelli Millick at [kmillick@stowevt.gov](mailto:kmillick@stowevt.gov) if you're interested. Training is available!**

**Dates:** August 18- November 3  
**Days:** Sun  
**Times:** D1- 9:00am - 10:45am  
D2- 10:00am - 12:00pm  
D3- 11:30am - 1:30pm  
D4- 1:00pm - 3:00pm  
**Where:** Polo Fields  
**Fees:** \$75 Res/ \$85 NR  
**Registration Deadline:** August 14th



PC: Sarah McDonald

# YOUTH PROGRAMS

## Kick Off & Wrap Up Week Programs

Our Kick Off & Wrap Up Weeks consist of half day morning and afternoon programming the week between school & our 8- week summer camp. Pair a morning program with an afternoon program for a full day of adventure, or just attend for one half of the day!

Kick Off Week- June 17th-21st

Registration Deadline June 12th

Wrap Up Week- August 19th-23rd

Registration Deadline August 14th

### Eco-Art Extravaganza w/ The Current | Ages 5-10 years old

**Instructor:** The Current

Welcome to our "EcoArt Extravaganza," a week-long recycled art camp where participants of all ages will embark on an imaginative journey with sustainability at its heart! Campers will spend the morning building creativity and environmental awareness by transforming everyday recyclables into stunning works of art. From cardboard sculptures to plastic bottle creations, this camp dives deep into the process of repurposing materials, fostering a sense of eco-consciousness and resourcefulness. Drop off at The Current, if your child is registered for the Half Day Afternoon Camp, Rec Staff will pick up.

**Dates:** June 17-21 and August 19-23

**Days:** Mon-Fri

**Times:** 8:30am - 12:00pm

**Where:** The Current

**Fees:** \$230 Res / \$240 NR

### Vermont Voltage Soccer Camp | Ages 5-14 years old

**Instructor:** Vermont Voltage Soccer

This half day camp offers an opportunity to learn and enjoy many aspects of the game of soccer. Emphasis is placed on agility, fitness, ball control, and learning the tactics of the game while having fun. Please bring proper footwear, shin guards and a water bottle. Campers will receive a ball and t-shirt. Drop off takes place at Memorial Park (field behind the playground), if your child is registered for the Half Day Afternoon Camp, Rec Staff will pick up.

**Dates:** June 17-21 and August 19-23

**Days:** Mon-Fri

**Times:** 9:00am - 12:00pm

**Where:** Memorial Park

**Fees:** \$200 Res / \$210 NR

### LEGO Robotics Camp | Grades 3-6

**Instructor:** Stowe Parks and Recreation Instructors

Join us for a taste of our FIRST Lego League program! In the fall we run a full competition team, these summer camp programs are a condensed version of the FIRST Lego League to introduce kids to the basic skills and coding. FIRST® LEGO® League introduces science, technology, engineering, and math (STEM) to children through fun, exciting hands-on learning. Participants gain real-world problem solving experience through a guided, global robotics program, helping today's students and teachers build a better future together.

**Grades 3 & 4**

**Dates:** June 17-21

**Days:** Mon-Fri

**Times:** 9:00am - 12:00pm

**Where:** David Gale Recreation Center

**Fees:** \$80 Res / \$85 NR

**Grades 5 & 6**

**Dates:** August 19-23

**Days:** Mon-Fri

**Times:** 9:00am - 3:00pm

**Where:** David Gale Recreation Center

**Fees:** \$140 Res / \$150 NR

### Half Day Afternoon Camp | Ages 5-14 years old

**Instructor:** Stowe Parks and Recreation Instructors

Add a half day of camp to your morning of soccer or art! Campers will get excited for field games, arts and crafts, nature activities, and more. Campers must provide their own lunches and snacks.

**Dates:** June 17-21 and August 19-23

**Days:** Mon-Fri

**Times:** 12:00pm - 4:00pm

**Where:** Memorial Park

**Fees:** \$110 Res / \$120 NR

Check out our kick off week En Fuego Hoops Basketball program on Page 7!

SUMMER CAMP

Stowe Parks & Recreation

# STOWE REC SUMMER CAMP 2024 JUNE 24TH- AUGUST 16TH

REGISTRATION OPENS:  
STOWE RESIDENTS- FEBRUARY 1ST  
NON-RESIDENTS- FEBRUARY 15TH



### Kinders- Innovators

Full 8 Weeks- \$1,300 Res/ \$1,350 NR

Weekly- \$230 Res/ \$240 NR

### TREC

Full 8 Weeks- \$1,350 Res/ \$1,400 NR

Weekly- \$240 Res/ \$250 NR

### CIT (July 8-August 16)

\$500 Res/ \$550 NR

### Age Groups-

Kinders- Kindergarten

Explorers- 1st & 2nd Grades

Innovators- 3rd-5th Grades

TREC- 6th-9th Grades

CIT- 8th-10th Grades

Children must have completed the applicable grade in the 2023-24 school year.

Payment plans and scholarships are available, contact our office to inquire.

Register online at [stowerec.org/summer-camp](http://stowerec.org/summer-camp)

# SUMMER CAMP

## Swim Lessons | Grades K-6

Swimming has lots of great benefits, it's a valuable lifesaving skill, it's a great form of exercise & studies show swimmers have better focus in school! Take the time and sign your child up for our swim lessons, now taking place at The Swimming Hole!

The group will be split into two swim levels, each group will have 30 mins of instruction and 30 minutes of supervised free-swim. Participants are expected to bring a swimsuit, towel, goggles, a water bottle and a mask. Transportation departs from the David Gale Recreation Center and is included in the cost of the program.

**Dates:** June 22- August 13

**Days:** Tue

**Times:** 1:00pm - 2:00pm

**Where:** The Swimming Hole

**Fees:** \$210 Res/ \$220 NR

**Registration Deadline: June 21st**

# SPECIALTY SUMMER CAMPS

## Sunrise Adventure Camp | 10-14 years old

**Instructor:** Sunrise Mountain Guides

Experience the great outdoors and all it has to offer. Kids learn and practice outdoor wilderness activities and skills, including hiking, climbing, rappelling, wilderness survival and more. Each day features different themed activity and teaches skills to complete the activity. Morning is spent learning and practicing skill in a controlled environment. Following lunch, Adventurers get to use their skills out in the field. This camp is the perfect fit for young teens looking for a high adventure style program.

Experiences include Rock Climbing, Hiking, Backcountry and Mountain Rescue Skills and Challenges!

A detailed schedule will be sent to participants the week before the program starts.

**Dates:** Week 1- July 15-19

Week 2- August 12-16

**Days:** Mon - Fri

**Times:** 8:30am - 4:00pm

**Where:** Barnes Camp (entrance to Smugglers Notch)

**Fees:** \$550



## Capital Soccer Camp | 4-15 years old

Capital Soccer is a soccer education organization dedicated to soccer excellence through a supportive, participatory environment year-round. Our programs are predicated on good will, sportsmanship, team play, and fun. Our summer camps and special programs are recognized for their fun, player-centered learning environments.

Capital Soccer's experienced staff of coaches offers high-level training for players ages 4 and up. Their dedication to player growth and healthy youth development is evidenced by their commitment to ongoing coaching education and positive reinforcement in training and matches. Our players have enjoyed quality instruction and competition in a challenging, supportive setting for twenty years, and we love to see them developing a passion for the game that will keep them playing for years to come.

Capital Soccer offers an array of summer camp options in Central Vermont. Our Day Camps offer quality training opportunities for beginner, intermediate, and advanced players. From full day and half day camps to specialty camps, we have a summer camp option for everyone.

**Dates:** July 8-12

**Days:** Mon - Fri

**Times:** 9:00am - 12:00pm

**Where:** Polo Fields

Register directly with Capital Soccer here

# TEEN PROGRAMS

## Safe Sitter Babysitter Course | Grades 5-8

**Instructor:** Safe Sitter Certified Instructor

Do you feel ready to stay home alone, watch your brothers and sisters while your parents are gone, or babysit for younger children? Then maybe it's time for Safe Sitter®. Safe Sitter® is for young teens in grades 6-8 who are ready to learn the skills they need to care for themselves and younger children. Participants will learn how to keep themselves and the children they watch safe. They'll also learn basic first aid and rescue skills, and proper CPR and choking techniques.\*

In addition, Safe Sitter® teaches young teens life and business skills, so that they know how to be prepared, be responsible, and be considerate whether they are babysitting or doing odd jobs for family, friends, or neighbors. You'll have fun. You'll learn a lot. And at the end of the day, you can proudly say, "I am a Safe Sitter®!"

\*Please note that you will learn first aid and CPR skills, but this is not a certification. Teens will have a lunch break during the day, please pack a bagged lunch.

**Dates:** June 1

**Days:** Sat

**Times:** 9:00am - 3:30pm

**Where:** David Gale Recreation Center

**Fees:** \$75 Res/ \$85 NR

**Registration Deadline: May 29th**

## TREC Summer Camp | Grades 6-9

Looking for a way to keep your teen involved in healthy activities this summer? During our 8 week TREC camp teens will explore swimming holes, local businesses, hiking adventures, and more. TREC is a unique opportunity to explore local attractions in Vermont with friends! We're positive that your teen will build lasting memories, connect with new and old friends and have a summer that they will never forget!

TREC is our age group for teens who have completed grades 6th-9th during the 2023-24 school year.

[View weekly field trip schedule here](#)

Payment plans and scholarships may be available. Please contact our office for more information.

**Dates:** June 24- August 16

**Days:** Mon-Fri

**Times:** 7:45am - 4:15pm

**Where:** David Gale Recreation Center

**Fees:** Full 8 Weeks- \$1350 Res/ \$1400 NR

Weekly- \$240 Re/ \$250 NR

## Counselor-In-Training | Grades 8-10

Do you want to develop your leadership skills? Do you enjoy working with children? If you answered yes to either of these questions, then please join us this summer! Participants will learn about personal strengths, team building, conflict resolution, game facilitation techniques, and more! We will have hands-on learning opportunities and participants will learn from mentors within the Stowe Rec Summer Camp. CIT's will also be expected to participate in the weekly Staff Meetings. Participants are required to complete and return the CIT packet.

**Dates:** July 8- August 16

**Days:** Mon-Fri

**Times:** 7:45am - 4:15pm

**Where:** David Gale Recreation Center

**Fees:** \$500 Res/ \$550 NR

**Registration Deadline: June 21st**



# ADULT PROGRAMS

## Stowe Community Garden | Ages 18+ years old

After a long, cold and snowy winter, there's nothing better than getting your hands dirty in the garden! If you don't have the space to plant at home or you simply like to garden in the company of others, the Stowe Community Garden is a wonderful spot to grow summer vegetables and flowers on your very own 20ft x 25ft plot! Being a member of a community garden is a fun and rewarding experience, but it's also a big commitment. We expect all members to practice organic gardening and promote a positive and enriching environment. All dogs must be leashed at the community garden.

Any plots that are not cleaned out by 10/20 will be subject to a \$45 cleaning fee that would be required to be paid in full before registering for the following season.

**Dates:** May 11 - October 20  
**Days:** Sun-Sat  
**Times:** Dawn to Dusk  
**Where:** Stowe Community Garden, Polo Fields  
**Fees:** \$45 Res/ \$50 NR  
**Registration Deadline: May 31st**



## Adult Basketball League | Ages 21+ years old



**Instructor: Justin Brink, En Fuego Hoops**  
In partnership with En Fuego Hoops we are excited to be offering an adult basketball league for two more sessions! We're using the term 'league' loosely here. Think of it as more of a pick-up game situation. You don't need to draft your own team or sign up with a group. Anyone is welcome to join if you have an interest in shooting some hoops.

**Session 1:**  
**Dates:** March 10-April 21 (No program 3/31)  
**Days:** Sun  
**Times:** 5:00pm - 7:00pm  
**Where:** Stowe High School Gym  
**Fees:** \$35 Res/ \$40 NR or \$5 drop-in

**Session 2:**  
**Dates:** April 28- June 2  
**Days:** Sun  
**Times:** 5:00pm - 7:00pm  
**Where:** Stowe High School Gym  
**Fees:** \$35 Res/ \$40 NR or \$5 drop in

\*Pre-registration is still required for drop-in. Register online until 5pm.

## Adult Golf | Ages 18+ years old

**Instructor: Sue Horton, PGA**  
In this program PGA instructor Sue Horton helps the group learn the basics and fundamentals of golf. The course is designed to develop confidence and knowledge so by the end of the six week program the individual will be able to play on the golf course. Low key and friendly environment! Equipment is included in the cost of the program, or you can bring your own!

**Dates:** June 18- July 23  
**Days:** Tue  
**Times:** 5:00pm - 6:00pm  
**Where:** Stowe Country Club  
**Fees:** \$270 Res/ \$280 NR  
**Registration Deadline: June 14th**

## Adult Flag Football | Ages 18+ years old

By popular demand, we are adding an Adult Flag Football League to our roster this year! This program is meant to be a fun, non-competitive experience for adults. Practice and games will be held on Sundays. Full schedule will be sent out after the registration period. We will do our best to honor team requests for the adult league.

**Dates:** September 8- October 27  
**Days:** Sun  
**Times:** 3:00pm - 4:00pm  
**Where:** Polo Fields  
**Fees:** \$75 Res/ \$85 NR  
**Registration Deadline: September 6th**

# ADULT PROGRAMS

## Pickleball Clinics | Ages 18+ years old

**Instructor: Chris Tudor, PPR Certified Coach and IPC Member**

### Introduction to Pickleball | Single day clinic

Learn parts of the court, rules, and scoring. We will cover the basic rally shots (forehand, backhand, dinks and volleys.) This course is recommended for those who have never played pickleball or played only once or twice. This is a one day class. To dive deeper into the game attend our Beginner Bootcamp too! Participants should come prepared wearing comfortable clothing and court shoes. Paddles and balls will be provided, but you are welcome to bring your own.

**Dates:** May 25  
**Days:** Sat  
**Times:** 11:00am - 1:00pm  
**Where:** Stowe Pickleball/Tennis Courts  
**Fees:** \$35 Res/ \$40 NR  
**Registration Deadline: May 22nd**

### Beginner Bootcamp | 4 class session

Learn parts of the court, rules, and scoring. We will cover the basic rally shots (forehand, backhand, dinks and volleys.) This course is recommended for those who have never played pickleball or played only once or twice. This program consists of four classes. During each class we will build on skills and players will learn more mechanics, control, and strategy. Participants should come prepared wearing comfortable clothing and court shoes. Paddles and balls will be provided, but you are welcome to bring your own.

**Dates:** June 18-27  
**Days:** Tue & Thur  
**Times:** 4:00pm - 5:30pm  
**Where:** Stowe Pickleball/Tennis Courts  
**Fees:** \$150 Res/ \$160 NR  
**Registration Deadline: June 12th**

### Intermediate Bootcamp | 4 class session

This program is for pickleball players with a skill rating of 2.0 to 3.0. Find out more about player skill ratings here: <https://usapickleball.org/tournaments/tournament-player-ratings/player-skill-rating-definitions/> Know the basics of playing pickleball but want to build on your skills? This intermediate pickleball program is for you! This program consists of four classes. During each class participants will work to improve their game strategies and techniques. Participants should come prepared wearing comfortable clothing and court shoes. Paddles and balls will be provided, but you are welcome to bring your own.

**Dates:** July 8-17  
**Days:** Mon & Wed  
**Times:** 4:00pm - 5:30pm  
**Where:** Stowe Pickleball/Tennis Courts  
**Fees:** \$150 Res/ \$160 NR  
**Registration Deadline: July 3rd**

### Pickleball Strategy for Intermediate Players | Single day clinic

Learn basic strategy for improving your pickleball game during this single day clinic. Clinic includes discussion and demonstration of court position, shot selection, shot mechanics and movement to maximize chances of winning rallies. Participants should come prepared wearing comfortable clothing and court shoes. Paddles and balls will be provided, but you are welcome to bring your own.

**Dates:** August 21  
**Days:** Wed  
**Times:** 4:00pm - 5:30pm  
**Where:** Stowe Pickleball/Tennis Courts  
**Fees:** \$35 Res/ \$40 NR  
**Registration Deadline: August 16th**

# PARKS & FACILITIES

## Recreation Path Parking and Access Points:

**Lintilhac Park** - behind the Stowe Community Church on Main Street in Stowe Village.

**Chase Park** - across from Stony Brook Condominiums on Luce Hill Road just off the intersection of Rte. 108.

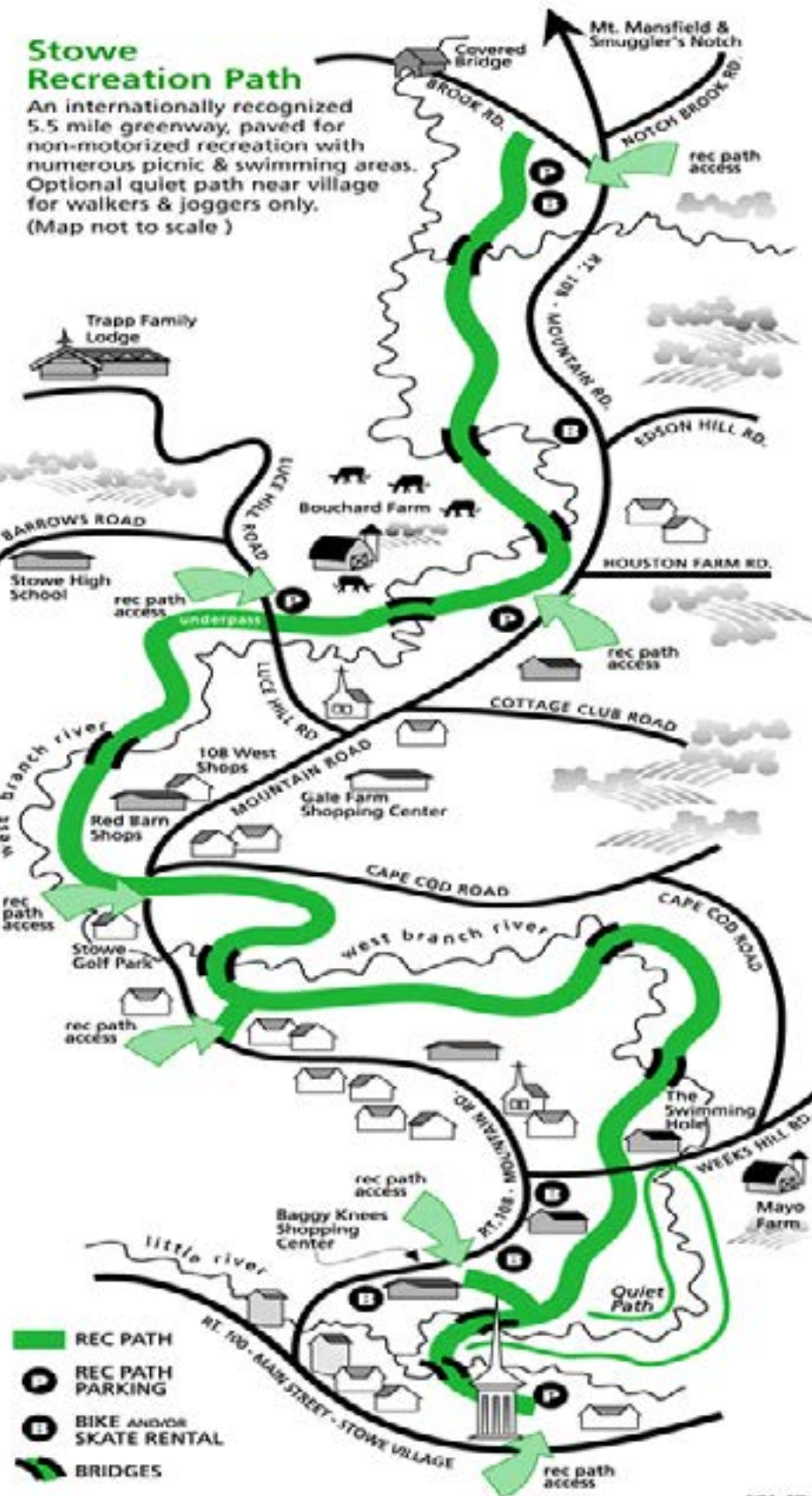
**Thompson Park** - off Rte. 108 across from the Percy Farm Corn Maze.

**Topnotch Access** - off Brook Road, just past Topnotch Resort on Rte. 108.

## Stowe Recreation Path Rules:

1. No motorized vehicles.
2. Traffic rules and signs must be obeyed.
3. Yield to all pedestrians, joggers, and children.
4. Bikes must be walked across intersections.
5. No overnight parking/camping.
6. No horses.
7. When passing, call out early and clearly.
8. Dogs must be leashed. Owners must cleanup after their pet.
9. Always keep right, except to pass.
10. No vending in parking lots or on path.
11. No jumping from bridges.

**MAINTAIN A SAFE SPEED AT ALL TIMES!**



# PARKS & FACILITIES

## FACILITY RENTALS

Our facilities are available for renting on an application basis. If you are interested in hosting a birthday party or meeting, we have the perfect place for you! Consider the Stowe Arena Community Room or the David Gale Recreation Center for any of your special events. We offer rentals for ice time, indoor turf, tournaments, leagues, programs, and events at our Stowe Arena- a state of the art facility. We have numerous fields to offer for groups or families looking to host events, programs, and games.

To inquire stop by or give us a call at our administration office.  
Monday through Friday from 8:00am-4:30pm.



### Park & Facility Amenities Guide

	Scenic Views	Community Garden	Tennis Court	Basketball Court	Baseball/Softball Field	Open Space/Playing Field	Bike Park/Bike Trails	Walking Paths/Trails	Dog Walking*	XC Skiing/Snowshoe Trials	Seasonal Ice Skating	Playground	Picnic Tables	Water Fountains	Grills	Rest Rm/Seasonal Port-o-lets	Indoor Multi-use Space	Seasonal Indoor Turf
<b>Memorial Park</b>	•		•	•	•	•		•		•	•	•	•	•				
<b>Mayo Event Fields</b>	•					•		•	•								•	
<b>Polo Field</b>	•	•				•		•	•								•	
<b>Moscow Field</b>	•					•			•								•	
<b>Sunset Rock</b>	•							•	•									
<b>Stowe Arena</b>											•			•		•	•	•
<b>David Gale Rec Center</b>													•	•		•	•	
<b>Quiet Path</b>	•							•	•	•								
<b>Homestead Access</b>								•	•	•								
<b>Mayo Farm Road</b>								•	•	•			•		•			
<b>Field G Access</b>								•	•	•								
<b>Cemetery Road</b>								•	•	•								
<b>Stowe Rec Path</b>	•						•	•	•	•								
<b>Lintilhac Access</b>								•	•	•			•				•	
<b>Stowe Community Church</b>								•	•	•								
<b>Chase Park Access</b>								•	•	•			•	•			•	
<b>Luce Hill Road</b>								•	•	•								
<b>Thompson Park Access</b>								•	•	•			•	•	•		•	
<b>Stowe Mountain Road</b>								•	•	•								
<b>Top Notch Access</b>								•	•	•			•					•
<b>Brook Road</b>								•	•	•								

Park hours dawn to dusk. **Groups & families may rent our facilities or fields by completing a Fields & Facilities Application**

Email: [Recreation@stowevt.gov](mailto:Recreation@stowevt.gov)

Phone: 802-253-6138

Mailing: PO Box 730, Stowe VT, 05672



# COMMUNITY CONNECTIONS

Town of Stowe.....	<a href="http://www.townofstovevt.org">www.townofstovevt.org</a>
Stowe Free Library.....	<a href="http://www.stowelibrary.org">www.stowelibrary.org</a>
Stowe School District.....	<a href="http://www.stoweschoolsvt.com">www.stoweschoolsvt.com</a>
The Current.....	<a href="http://www.thecurrentnow.org">www.thecurrentnow.org</a>
Stowe Reporter.....	<a href="http://www.stowetoday.com">www.stowetoday.com</a>
Stowe Area Association.....	<a href="http://www.gostowe.com">www.gostowe.com</a>
Stowe Vibrancy.....	<a href="http://www.stovevibrancy.com">www.stovevibrancy.com</a>
Stowe Land Trust.....	<a href="http://www.stowelandtrust.org">www.stowelandtrust.org</a>
Stowe Trails Partnership.....	<a href="http://www.stowetrails.org">www.stowetrails.org</a>
Stowe Rotary.....	<a href="http://www.stowerotary.com">www.stowerotary.com</a>
Stowe Soccer Club.....	<a href="http://www.stowesoccer.com">www.stowesoccer.com</a>
Stowe Youth Hockey.....	<a href="http://www.stoweyouthhockey.com">www.stoweyouthhockey.com</a>
Stowe Youth Lacrosse.....	<a href="http://www.stowelacrosse.com">www.stowelacrosse.com</a>
Stowe Youth Baseball.....	<a href="http://www.stoweyouthbaseball.com">www.stoweyouthbaseball.com</a>
Vermont United Soccer Academy.....	<a href="http://www.vermontunitedsocceracademy.com">www.vermontunitedsocceracademy.com</a>
Lamoille Valley Osher Lifelong Learning Institute.....	802-888-2190

## Stowe Egg Hunt

Saturday, March 30th  
Stowe Elementary School Gym

Indoor activities 10-11am  
Egg hunt 11-11:30am

\$10/child

Rain, snow or shine!



## 4<sup>TH</sup> OF JULY

CELEBRATION

Thursday, July 4th  
6pm \*Fireworks at 9-9:30pm  
Mayo Events Field

Live Music ★ Fun Games  
★ 50/50 Raffle ★ Food Vendors ★

Free Admission

\*Gaming and Vendor Fees Apply

## Help us expand our programming!

Are you an instructor looking to offer a class or a community member with a program idea? We'd love to work with you to offer programs to Stowe and surrounding communities!

Reach out to our Program Director, Kelli Millick!  
802-53-6138 | [kmillick@stovevt.gov](mailto:kmillick@stovevt.gov)